## Claim 15

or

- 15. (Five Times Amended) A bearing pad assembly comprising:
- a first housing having a bore extending through said first housing;
- a first load bearing member coupled to said first housing and defining an abutment surface opposite to said first housing;
- a second housing having a bore extending through said second housing, adapted to telescopically receive said first housing;
- a second load bearing member coupled to said second housing and defining an abutment surface opposite to said second housing; and
- at least one compression spring in the shape of a toroid positioned within said first housing bore, the toroid having an outside diameter minus an inside diameter equal to or greater than a height when positioned in the bearing pad assembly.